



Republic of the Philippines
CITY COUNCIL
City of Manila

REGULAR SESSION NO. 30

13TH CITY COUNCIL

Begun and held in the City Council on Thursday,
the third day of July, Two Thousand Twenty-Five

ORDINANCE NO. 9139

AN ORDINANCE PROVIDING FREE ACCESS TO MENSTRUAL HYGIENE PRODUCTS IN SCHOOLS AND BARANGAYS, AND PROMOTING MENSTRUAL HEALTH EDUCATION FOR GIRLS AND YOUNG WOMEN IN THE CITY OF MANILA

PRINCIPAL AUTHORS: **HON. JULIANA RAE "Yanyan" M. IBAY**, **HON. JESUS "Taga" E. FAJARDO, JR.**, **HON. EUNICE ANN DENICE G. CASTRO**, **HON. JOAQUIN ANDRE "JD" D. DOMAGOSO**, **HON. JOHN CHRISTOPHER "Bolong" SY**, **HON. JEFFERSON "Jeff" C. LAU**, **HON. KUYA DOK FRANCIS MICHAEL U. ALMIRON**, **HON. NUMERO "Uno" G. LIM**, **HON. DON JUAN "DJ" BAGATSING**, **HON. VOLTAIRE "Caloy" D. CASTAÑEDA**, **HON. CHRISTIAN PAUL L. UY**, **HON. LUCIANO "Lou" M. VELOSO**, **HON. DRA. IRMA C. ALFONSO-JUSON**, **HON. ROBERTO "Bobby" S. ESPIRITU II**, **HON. ATTY. JAYBEE S. HIZON**, **HON. ROSALINO "Jhun" P. IBAY, JR.**, **HON. MARK ANTHONY "Toi Mac" A. IGNACIO**, **HON. FERNANDO "Doc" S. MERCADO**, **HON. ERICK IAN O. NIEVA**, **HON. ELMER "Joel" M. PAR**, **HON. KUYA RYAN B. PONCE**, **HON. DARWIN "Awi" B. SIA**, **HON. EDWARD M. TAN**, **HON. TIMOTHY OLIVER "Toi" I. ZARCAL**, President Pro-Tempore and Acting Presiding Officer, **HON. LOUISA MARIE "Lady" J. QUINTOS-TAN**, Acting Majority Floor Leader and **HON. RAYMUNDO "Mon" R. YUPANGCO**, Majority Floor Leader and **HON. RAFAEL "Che" P. BORROMEO**, Acting Vice-Mayor



EXPLANATORY NOTE


The 1987 Philippine Constitution under Article II, Section 15, affirms that the State shall protect and promote the right to health of the people and instill health consciousness among them.

Menstrual health and hygiene is an essential aspect of public health, gender equity, and human dignity, yet many young women and girls in the City of Manila face challenges in accessing sanitary products, proper information, and safe facilities.

Lack of access to menstrual products and menstrual health education contributes to school absenteeism, health complications, and gender-based stigma, disproportionately affecting marginalized sectors.

Republic Act No. 11313 or the "Safe Spaces Act" emphasizes the right of every Filipino to a safe, inclusive, and dignified environment free from discrimination, including gender-based barriers in schools and communities.

The City Government of Manila, through this Ordinance, seeks to empower young women, reduce stigma, and protect their health and dignity by institutionalizing menstrual hygiene access and education at the local level.


JULIANA RAE "Yanyan" M. IBAY
Councilor / Ex-Officio Member
Manila

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Be it ordained by the City Council of Manila, in session assembled, *THAT*:

SECTION 1. Title. – This Ordinance shall be known as the "Menstrual Hygiene and Dignity Ordinance of the City of Manila".

SEC. 2. Declaration of Policy. – It is the policy of the City of Manila to:

- Promote menstrual health as a public health and human rights issue;
- Ensure access to free menstrual hygiene products in schools and barangays;
- Integrate menstrual education in schools and community programs;
- Eliminate stigma and promote dignity for menstruating individuals.

SEC. 3. Definition of Terms. –

- **Menstrual Hygiene Products** – Includes sanitary pads, tampons, menstrual cups, pantyliners, reusable menstrual hygiene products such as reusable cloth pads, period underwear and other similar hygiene items.
- **Menstrual Health Education** – Information and instruction regarding menstruation, reproductive health, hygiene practices, and destigmatization.
- **Beneficiaries** – individuals who menstruate, including students, out-of-school youth and community members residing in the City of Manila.

SEC. 4. Free Menstrual Hygiene Access Program. – The City Government shall establish a Menstrual Hygiene Access Program to provide free menstrual hygiene products through the following channels:

a. Public Schools

All public elementary, junior high, senior high, and city-run colleges shall:

- Maintain a menstrual hygiene product corner in the clinic or guidance office;
- Allow students to discreetly access products as needed, without stigma; and
- Designate school personnel to manage inventory and distribution.

b. Barangays

All barangays in Manila shall:

- Set up menstrual product distribution corners in barangay health centers or women's desks; and
- Include menstrual product provision in their annual gender and development (GAD) plans and budgets.

c. Mobile Access for Vulnerable Youth - The Manila Department of Social Welfare (MDSW), in coordination with Sangguniang Kabataans (SKs) and Non-Governmental Organizations (NGOs), shall ensure that out-of-school youth, street-involved girls, and displaced young women are provided with menstrual kits through mobile or outreach programs.

SEC. 5. Menstrual Health Education and Advocacy. –

a. Schools

- The Division of City Schools (DCS) - Manila shall integrate menstrual health into comprehensive sexuality education modules.

- **Activities** such as school forums, menstrual hygiene day celebrations, and peer-education sessions shall be encouraged.
 - To provide option for the choices of between disposable and reusable hygiene products.
- b. **Barangays and SKs** - SK Councils, in partnership with Manila Youth and Development Welfare Bureau (MYDWB) and health workers, shall conduct community-based seminars on menstrual health and hygiene.
- c. **Public Campaigns** - The City Health Department shall develop culturally appropriate and age-appropriate menstrual health education materials for print, digital distribution and to encourage the use of reusable menstrual hygiene products as part of the city menstrual health initiatives.

SEC. 6. Implementation Mechanism. –

- a. **Lead Agencies** – The following offices shall spearhead implementation:
- Manila Health Department (MHD) (lead on procurement, health education)
 - Manila Department of Social Welfare (MDSW) (vulnerable youth outreach)
 - Division of City Schools (DCS) - Manila (school-based programming)
 - Manila Youth and Development Welfare Bureau (support for SK and youth partners)
- b. **Inventory and Monitoring** – All implementing units must maintain inventory logs, distribution reports, and quarterly monitoring to ensure continuity and sustainability of public health to prevent misuse.

SEC. 7. Budgetary Allocation. – The City Government shall allocate funds for:

- Procurement and restocking of menstrual hygiene products
- Printing of Information, Education, Communication (IEC) materials
- Training of teachers, barangay workers, and youth leaders
- Barangays are encouraged to use GAD funds for localized implementation.

SEC. 8. Partnerships. – The city may enter into partnerships with:

- Private manufacturers or distributors for bulk procurement
- NGOs and women's health organizations for education and outreach
- International aid agencies for resource and technical support

SEC. 9. Penalties and Accountability. –

- Any person who withholds, hoards, or sells menstrual hygiene products distributed under this Ordinance shall be subject to administrative sanctions.
- Misuse of allocated funds shall be grounds for disqualification from GAD funding and may result in civil or criminal liability under existing laws.
- Any personnel or official found guilty of discriminatory or demeaning behavior related to menstruation shall face disciplinary action.

SEC. 10. Implementing Rules and Regulation. – The Manila Health Department (MHD) shall promulgate such necessary rules and regulations for the immediate and effective implementation of this Ordinance within a period of ninety (90) days upon the approval of this Ordinance.

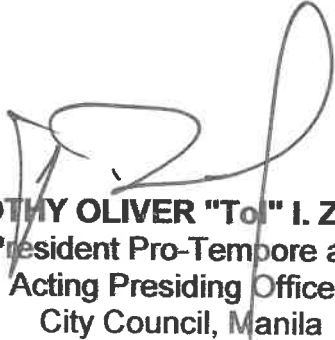
SEC. 11. Separability Clause – If any part of this Ordinance is declared unconstitutional, the remainder shall remain valid and in full force and effect.

SEC. 12. Repealing Clause. – All ordinances, resolutions, or provisions inconsistent with this ordinance are hereby repealed or amended accordingly.

SEC. 13. Effectivity – This Ordinance shall take effect upon approval and publication in a newspaper of general circulation.


This Ordinance was enacted by the City Council of Manila on October 21, 2025.

PRESIDED BY:



TIMOTHY OLIVER "To" I. ZARCAS
President Pro-Tempore and
Acting Presiding Officer
City Council, Manila

ATTESTED:



ATTY. HANS ROGER S. LUNA
City Government Department Head III
(Secretary to the City Council)

APPROVED BY HIS HONOR, THE MAYOR, ON _____

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FRANCISCO "ISKO MORENO" M. DOMAGOSO
Mayor
City of Manila

ATTESTED:



MANUEL M. ZARCAS
Secretary to the Mayor

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