



**Republic of the Philippines
CITY COUNCIL
City of Manila**

REGULAR SESSION NO. 50

12TH CITY COUNCIL

**RESOLUTION NO. 182
Series of 2023**

RESOLUTION URGENTLY REQUESTING THE DEPARTMENT OF EDUCATION - MANILA, THROUGH SCHOOLS DIVISION SUPERINTENDENT RITA E. RIDDLE, TO PRIORITIZE THE NUTRITION, HEALTH AND WELL-BEING CONDITIONS OF SCHOOLCHILDREN IN TIME FOR THE CELEBRATION OF NUTRITION MONTH THIS JULY BY INSTITUTIONALIZING THE HEALTHY MONDAY CAMPAIGN, THE READING OF NUTRITION FACT LABELS AND THE NUTRITIOUS FOOD PREPARATIONS IN HOMES AND IN SCHOOLS

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WHEREAS, one of the most consequential impacts of the recent COVID-19 Global Pandemic revolves around the worsening situation of high prevalence of wasting, stunting, micronutrient deficiencies and obesity among children who endured several years of being restrained at home resulting to lack of physical activity, poor diets, inadequate nutrition and failing food systems;

WHEREAS, while malnutrition causes the death of 95 children every day and about one third of children are stunted, or short for their age, due to undernutrition mostly found in far-flung areas of the Philippines, our country's cities and urban centers are likewise faced with the triple burden of childhood overweight and obesity detected in almost 1 out of 10 children from the ages of 5 - 19 years old;

WHEREAS, considering that schools are deemed as second homes while teachers are fondly referred to as surrogate parents, there exists a compelling reason to prioritize the nutrition, health and well-being of schoolchildren which directly affect their performance academically and during school extra-curricular activities;

WHEREAS, the month of July has been declared as the National Nutrition Month by virtue of Presidential Decree 491 (otherwise known as the Nutrition Act of the Philippines) signed in June 1974 for the purpose of coordinating the national nutrition program and raising awareness on eating healthy foods, while addressing the challenges of nutrition issues in the country;


WHEREAS, the public school system in the City of Manila can help advance the goals of PD 491, as well as Republic Act No. 11148 (**Kalusugan at Nutrisyon ng Mag-Nanay Act**), Republic Act No. 11037 (**Masustansyang Pagkain Para sa Batang Pilipino Act**) and Republic Act No. 10862 (**Nutrition and Dietetics Law of 2016**), by striving to promote the following recommended school programs, to wit:

- a) **Healthy Monday Campaign** - a once-a-week awareness drive requiring schoolchildren to do physical calisthenics and eat healthy foods while in school and to refrain from buying junk and processed food, snacks and beverages;
- b) **Reading of Nutrition Facts Label** - teaching primary schoolchildren to properly read nutrition facts label in food items bought inside and outside of school in order to make quick and informed decisions on product specific information such as serving size, calories, nutrient information and % Daily Value Guide required; and
- c) **Nutritious Food Preparations** - preparation of alternative, cheap, safe and healthy food at home and in schools to be included in the existing and relevant school curriculum.

NOW, THEREFORE, be it

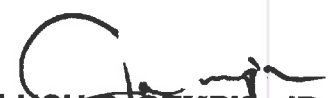
RESOLVED, by the City Council of Manila to urgently request, as it hereby urgently requests the Department of Education-Manila, through Schools Division Superintendent Rita E. Riddle, to prioritize the nutrition, health and well-being conditions of schoolchildren in time for the celebration of Nutrition Month this July by institutionalizing the Healthy Monday Campaign, the reading of nutrition fact labels, and the nutritious food preparations in homes and in schools.

PRESIDED BY:


JOHANNA MAUREEN C. NIETO-RODRIGUEZ
Acting Presiding Officer
City Council, Manila

This Resolution was adopted by the City Council of Manila at its regular session on May 16, 2023.

ATTESTED:


LUCH R. GEMPIS, JR.
City Government Department Head, III
Secretary to the City Council

RRB:jhb/md/kjm/agv/egv/jrp